

Notice of Sanitation Practices

Because I value the health and safety of all of my clients, I am outlining the sanitation and operation protocols in place for the safe functioning my practice.

1. All clients will complete an intake questionnaire at or before every appointment and are asked not to come to my office if they know they
 - a. Know they have symptoms of COVID-19
 - b. Have traveled within two weeks of their appointment
 - c. Have been in the presence of another person believed to have COVID-19
 - d. Are waiting for results from a test for COVID-19
2. Clients must adhere to current social distancing guidelines to be considered safe to come into my office
3. Each Client's temperature will be taken at the beginning of the appointment.
4. I will take my temperature daily and am happy to take it in front of clients.
5. I will wear gloves, masks, and shoes that will remain in my office building and can be sanitized, and a new gown, over clothing for each client
6. Clients are asked to wear masks and are welcome to wear gloves if they feel safer doing so.
7. Massage can easily be performed while client is clothed or from a vinyl chair that can be fully sanitized, should the client feel safer with these measures
8. I will leave treatment room doors open so that clients do not have to touch doors. They will remain closed during sessions and while clients are getting on and off the table
9. Hand sanitizer and disinfecting wipes are available and encouraged to be used
10. The treatment room and waiting area will be wiped down with EPA approved disinfectant cleaner before and after each client.
11. All linens are replaced for each client.
12. New lotion/oil dispensers will be used for each client and disinfected after each use.
13. Clients have their own table, chair and area for leaving clothing during massage.
14. Water, chocolate cough drops and other similar items are available upon request but are kept in a cabinet. All cleaned with EPA approved disinfectants.
15. Clients are strongly recommended to shower upon arriving home, as a final measure of safety

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Because of the nature of COVID-19, even the world's top scientists and medical professionals are unsure exactly how the virus spreads and what measures will entirely prevent spread. Therefore, I am taking all necessary and advisable precautions. Massage is considered a medium risk activity due to time spent within 6 feet of distance. I will continue to do my best to keep you safe. I am happy to discuss any concerns or modifications you prefer to increase your level of safety and comfort.

Client Signature _____ date _____