

# Client/Therapist Safety Check list

\_\_\_\_ I have not traveled outside North Carolina within the past two weeks.

\_\_\_\_ I have not in the past 24 hours experienced any symptoms related to Covid19 Including, but not limited to:

Fever

Runny nose (none allergy related)

Unusual fatigue

Sore throat

Dry cough

Diarrhea

Unusual aches and pains

Abdominal pain

Unusual nasal congestion

\_\_\_\_ I have not knowingly been in the presence of anyone exposed to or suspected to have covid19 within the past 2 weeks.

\_\_\_\_ I have not participated in any activity involving groups of more than 10 people

\_\_\_\_ I have practiced all recommended social distancing.

\_\_\_\_ I have a mask for this treatment

\_\_\_\_ I accept and will adhere to all changes made to my treatment, session meant to keep myself and my practitioner safe. (all boundary and preexisting safety laws apply and I have the right to end a session at any time should I not feel safe).

\_\_\_\_ I understand that close contact with carriers of COVID-19 increases the risk of infection. By signing this form, I give consent to receive massage from this practitioner.

\_\_\_\_ I will communicate any concerns I have about safety protocol or requests to increase safety measures with my massage therapist. I take full responsibility for communicating any and all information regarding my health (with relation to exposure, symptoms and concerns) about Covid19 at each visit.

\_\_\_\_ I understand that my name and contact information might be shared with the state health department in the event that a client or practitioner tests positive for COVID-19. My contact details will ONLY be shared in the event they are deemed relevant based on suspected exposure date, and only for appropriate follow-up by the health department. No other information will be released.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Email \_\_\_\_\_ Phone number \_\_\_\_\_

Meri Martin, LMBT 4868  
200 SawMill Rd, Suite 202A Raleigh, NC 27615  
[www.merimartinmassage.com](http://www.merimartinmassage.com) 919-906-8780